

Dear Austin,

Thank you for your interest in volunteer service project opportunities at Ronald McDonald House Charities of Central Indiana. Our mission is to provide a supportive home-away-from-home for families of children receiving medical care at Riley Hospital for Children at IU Health and other area hospitals, and we champion programs that improve the health, education and well-being of children. While the children are being cared for in the hospital, we are caring for the rest of the family who are here to support the hospitalized child. For this reason, we interact primarily with the parents, other adult family members and siblings of the patient.

Below are our service project guidelines we use for the safety of our volunteers and comfort of the families we serve.

- All volunteers must be 18 years of age or older unless they are directly supervised by an adult.
- Service projects are typically planned for 1-10 people.
- Typical service projects are up to 2 hours in length.

Examples of service projects are detailed below:

#### **Facility projects**

The actual tasks you might be doing depends upon the needs of the House but often will be a cleaning project. You might be organizing and cleaning one of our food pantries, deep cleaning a kitchen, wiping woodwork and blinds or a similar type of project. We schedule service projects year round and the actual details of the project will be determined as the date gets closer.

**Provide and serve a meal for our House guests** (25 people for breakfast or 50 people for dinner).

Your group is asked to supply all the food, paper products, plastic ware, drinks and cups. If you would like more information about this opportunity, please click on the following link access our online meal calendar to schedule a meal.

<http://www.rmhccin.org/how-you-can-help/ways-to-volunteer/provide-a-meal/>

#### **Make casseroles**

Prepare your favorite casserole using our kitchen. Your homemade casserole will then be frozen and prepared later to serve to our families. You may or may not interact with our families but nothing smells better than a home cooked meal! We ask that you supply all the ingredients, including the aluminum pan, as well as the recipe so we have the cooking instructions and the casserole's contents for those with food allergies.

#### **Cookie bake**

You supply all the ingredients of your favorite cookies and bake them for our families in our kitchen. We supply the cookie sheets and spatulas. You may or may not interact with our families but nothing says “home” like the smell of fresh baked cookies!

**Host an ice cream social for about 30 guests.**

So they don’t conflict with our dinners, we schedule our ice cream socials for 7:30 pm in the evening. You are more than welcome to arrive earlier to set up. You are asked to supply the ice cream, toppings, disposable bowls, spoons and serving scoops.

If you are interested in scheduling one of the opportunities listed above, except for providing a meal, please contact me to get your group scheduled. To schedule a meal, please use the link provided.

Thanks again,

**Mary**

**Mary Friend, Certified Volunteer Administrator  
Volunteer Resources Manager**

Ronald McDonald House Charities of Central Indiana, Inc.  
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